

School Counseling Report

Chaparral Elementary School

School Counselor: Kristin Larsen
2017-2018 School Year

TIER 1 Interventions

Second Step Core Curriculum:

A social-emotional learning curriculum delivered to all students through classroom lessons conducted by the school counselor. The goal of these lessons is to build a foundation of social-emotional skills to increase student's success in school and prepare them to become responsible citizens.

TK/K

Listening & Focusing Attention
Following Directions
Feelings
Same or Different
Calming Down Strong Feelings
Fair Ways to Play

1st

Following Directions
Showing Care & Concern
Similarities & Differences
Calming Down Anger
Solving Problems
Inviting to Join In

2nd

Focusing Attention & Listening
Respecting Different Preferences
Emotion Management
Managing Anger
Solving Problems
Taking Responsibility

3rd

Being Respectful Learners
Planning to Learn
Accepting Differences
Emotion Management & Managing Test Anxiety
Solving Problems
Solving Peer Exclusion Problems

4th

Being Assertive
Respecting Similarities & Differences
Emotion Management
Managing Strong Feelings
Solving Problems
Solving Playground Problems

5th

Disagreeing Respectfully
Accepting Differences
Emotion Management
Calming Down
Managing Frustration
Dealing with Gossip

Total Lessons: 148

38 Additional Classroom Lessons:



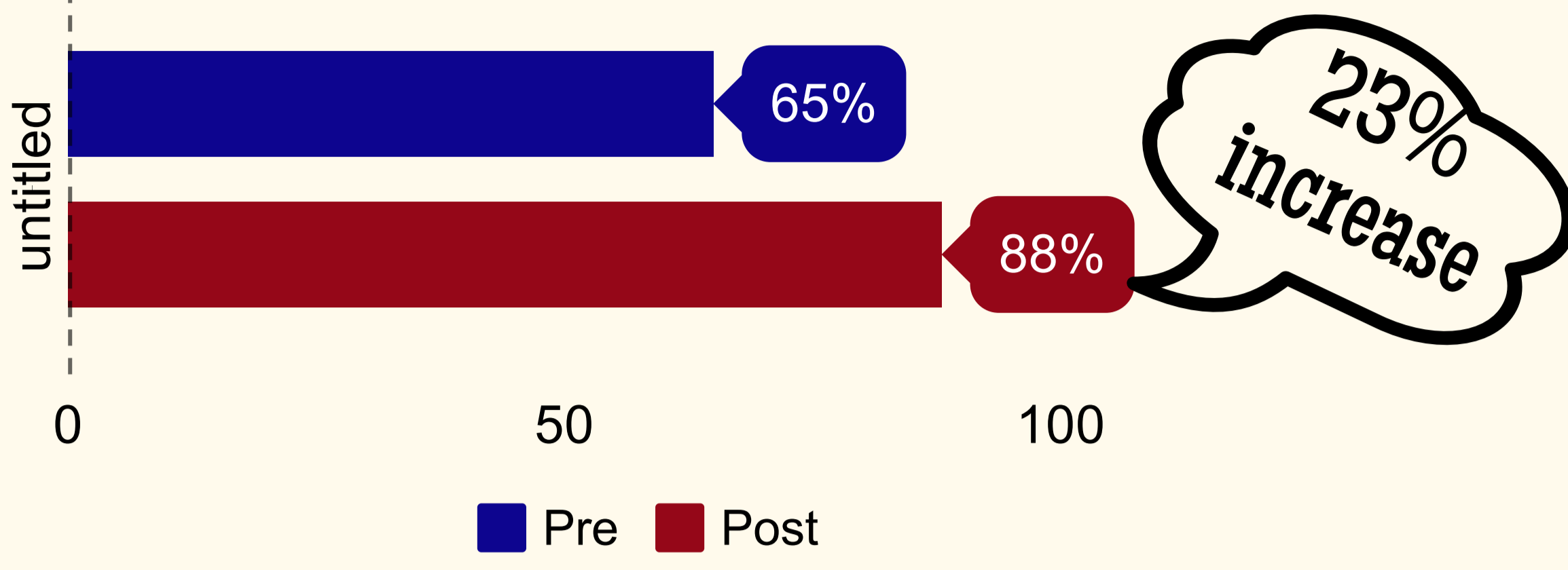
- Counselor Introduction
- Friendship (1st grade)
- Career Day (TK)
- Career Exploration (4th & 5th)



Second Step: Pre & Post Test Data Highlights

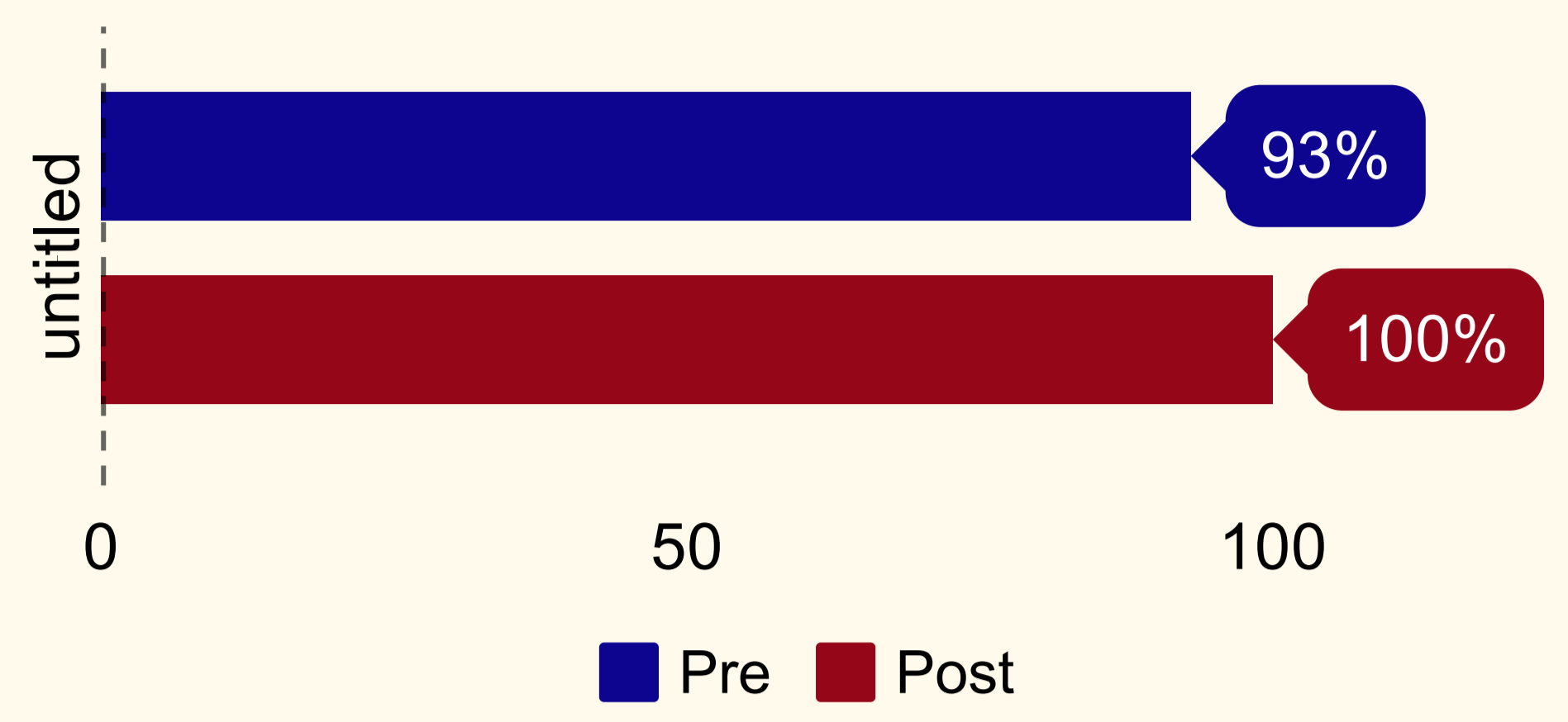
TK & Kindergarten

Students that could identify one way to show focusing attention

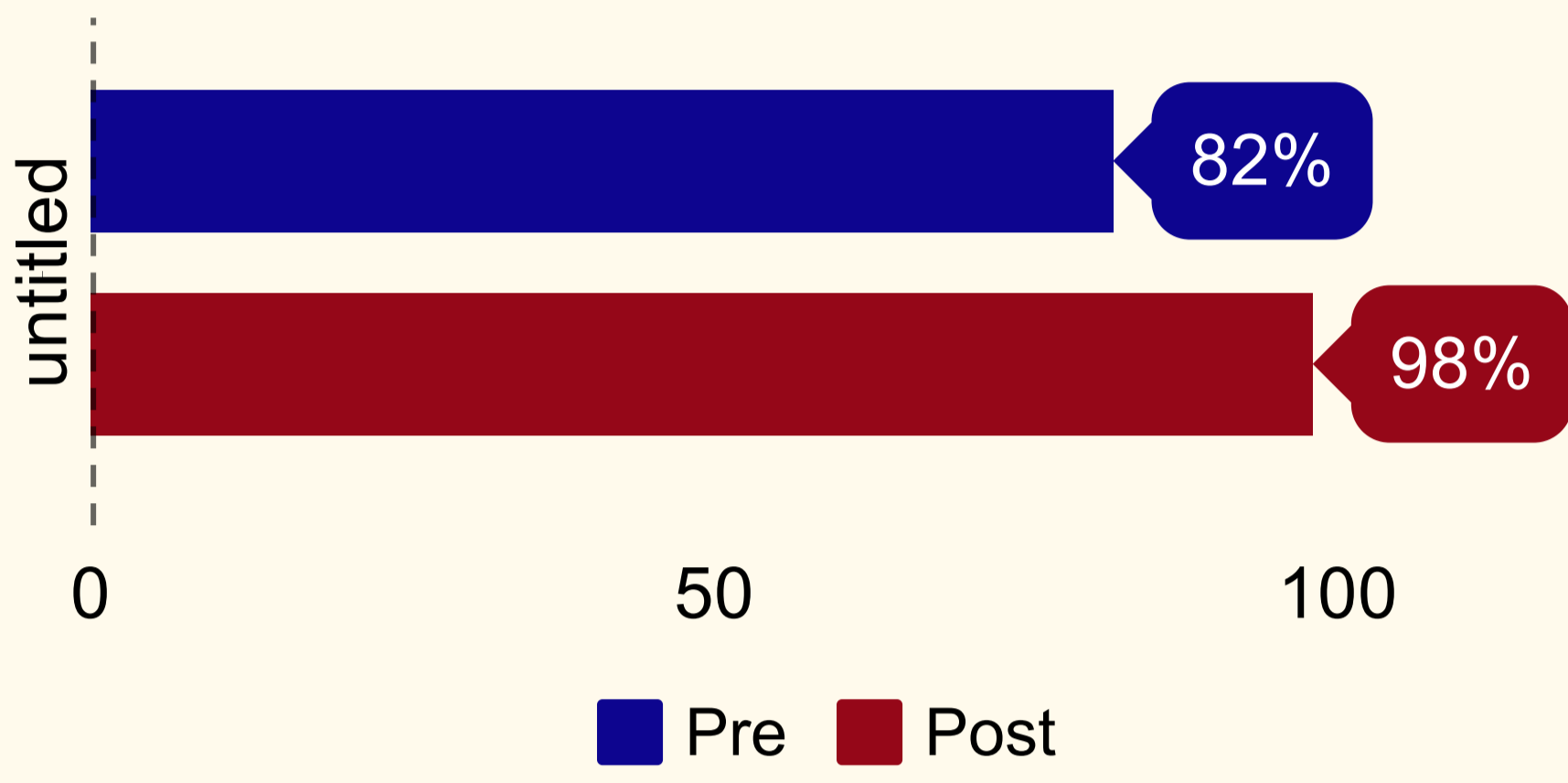


1st Grade

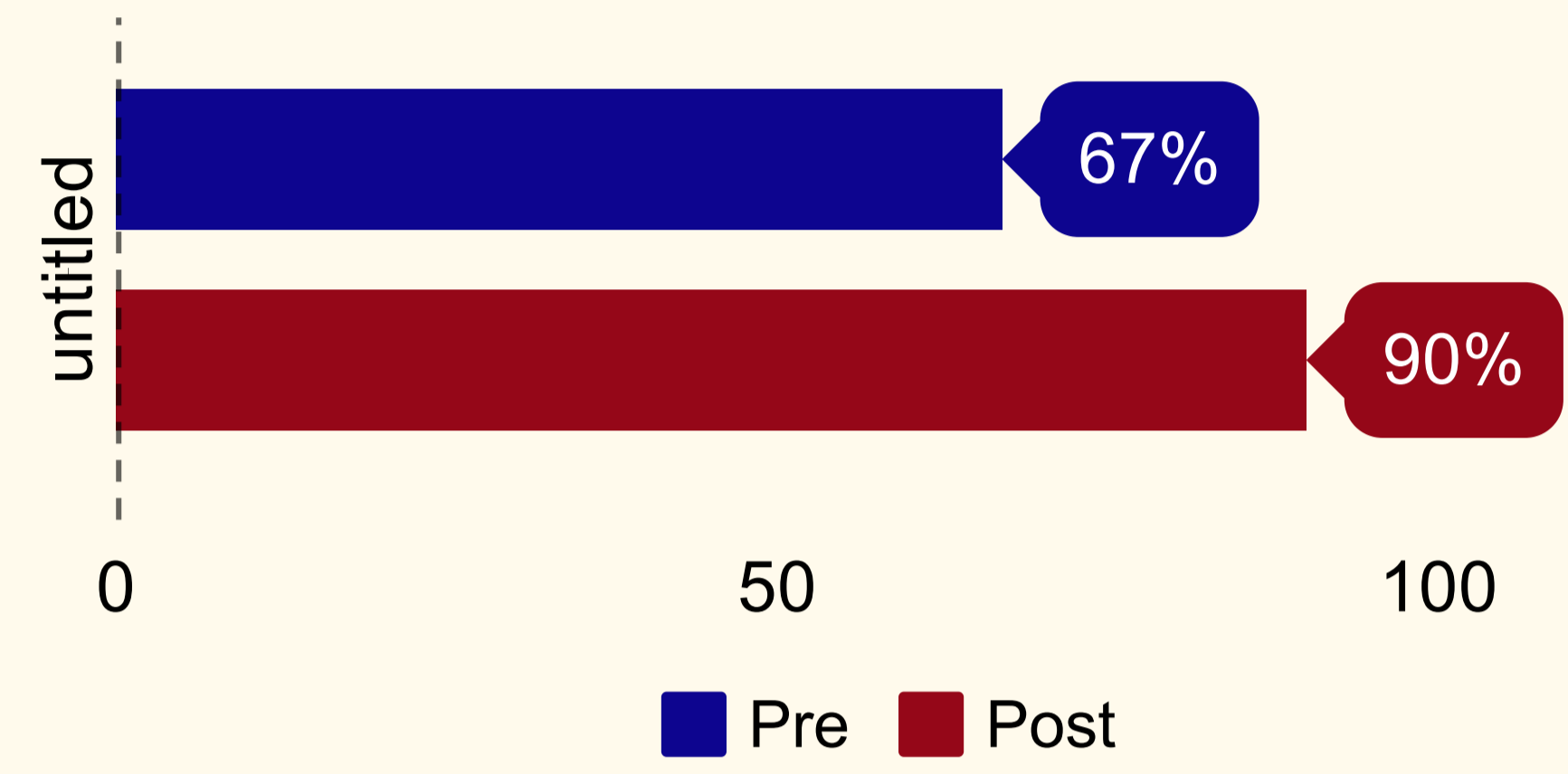
Students that knew a coping skill to use to calm down



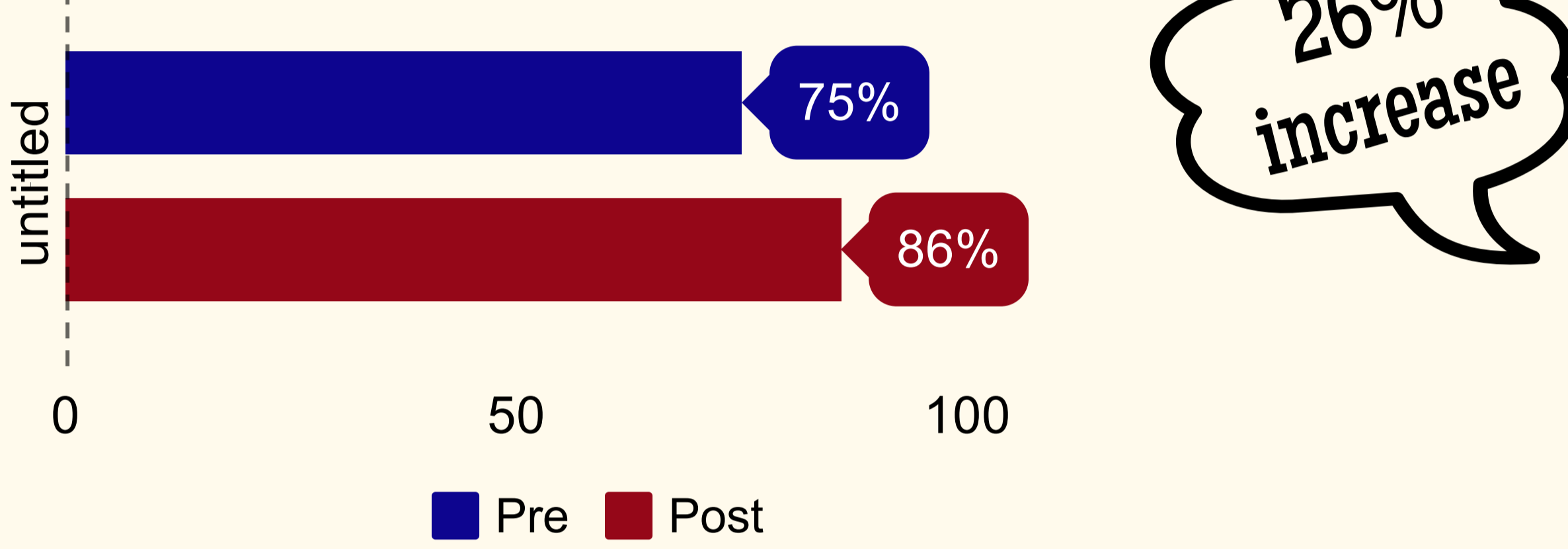
Students that could identify two body parts they use to follow directions



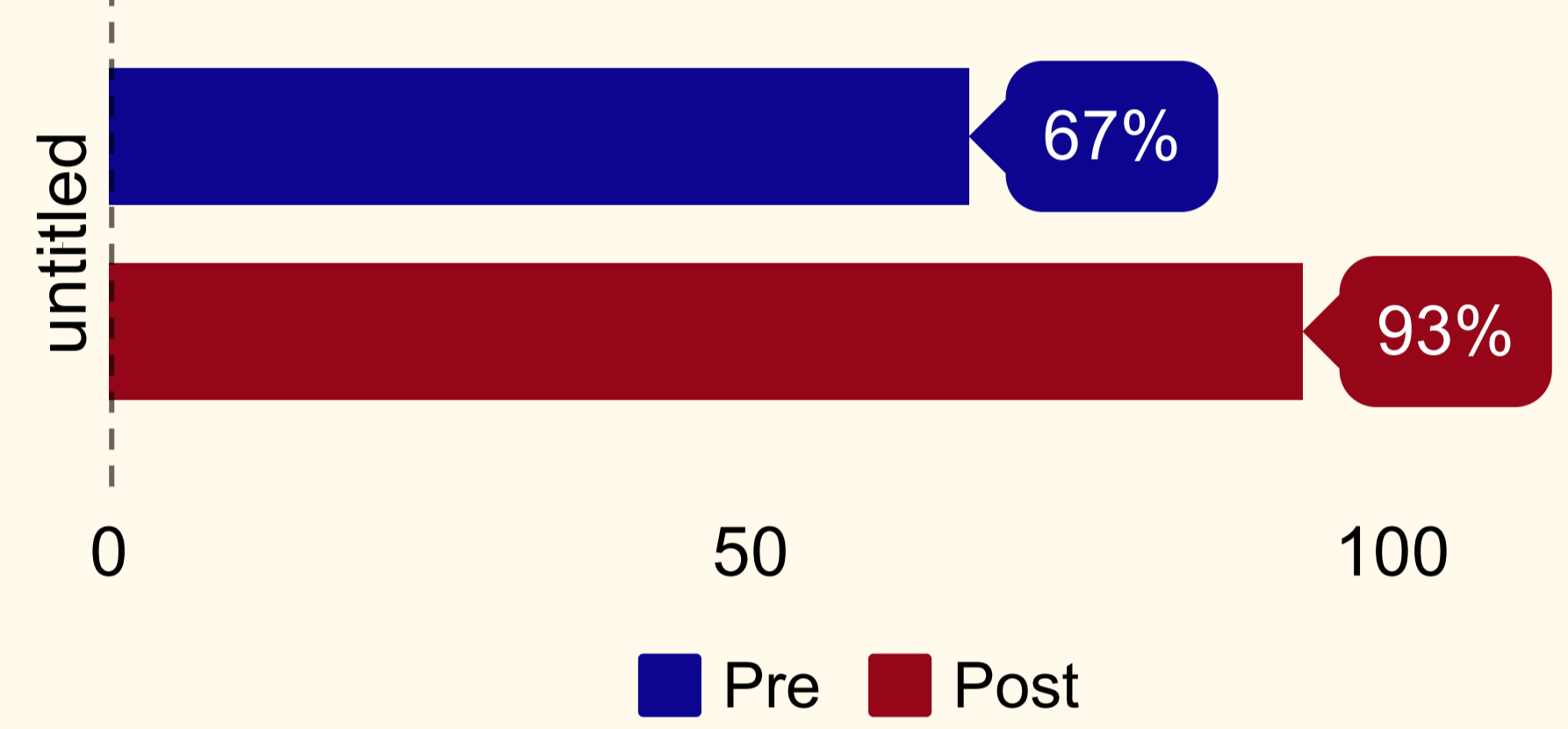
Students that could identify two ways to show they care



Students that could identify one fair way to play

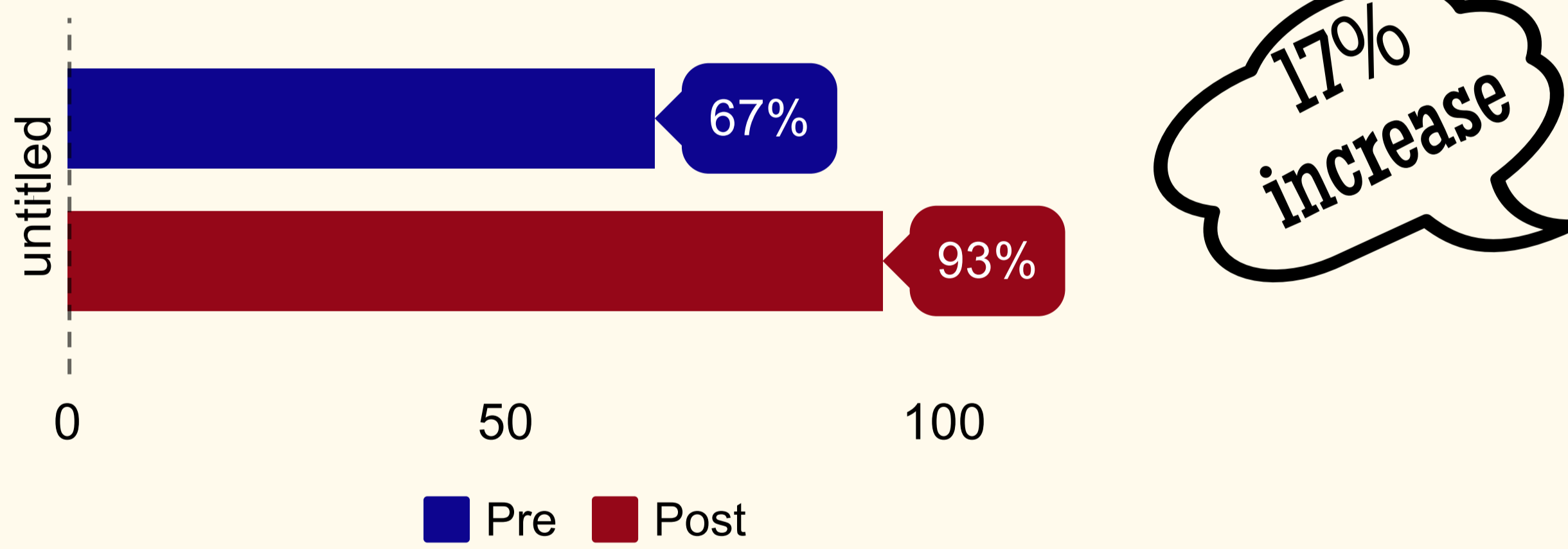


Students that could identify which option was not part of the problem solving strategy



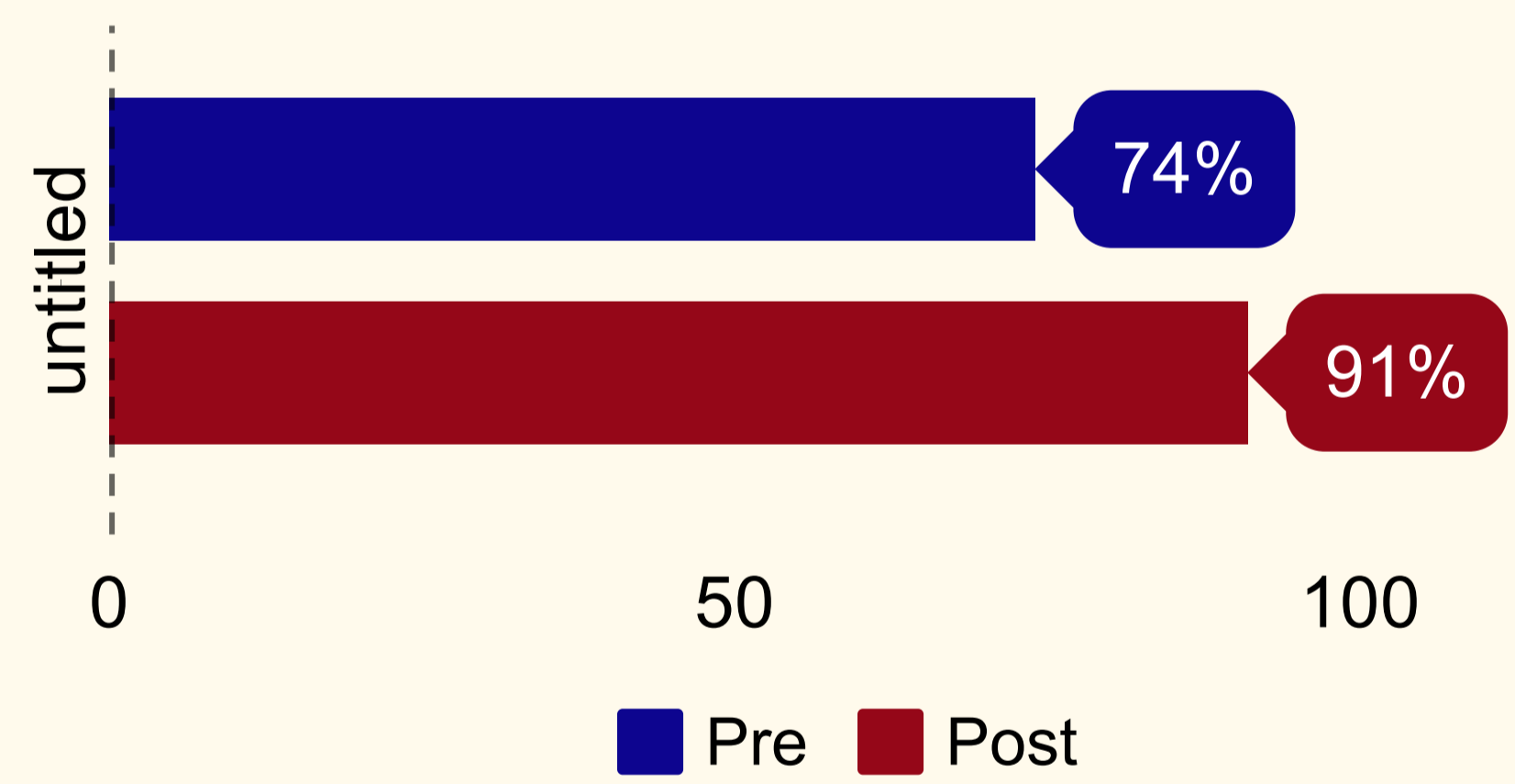
2nd Grade

Students that knew the definition of empathy

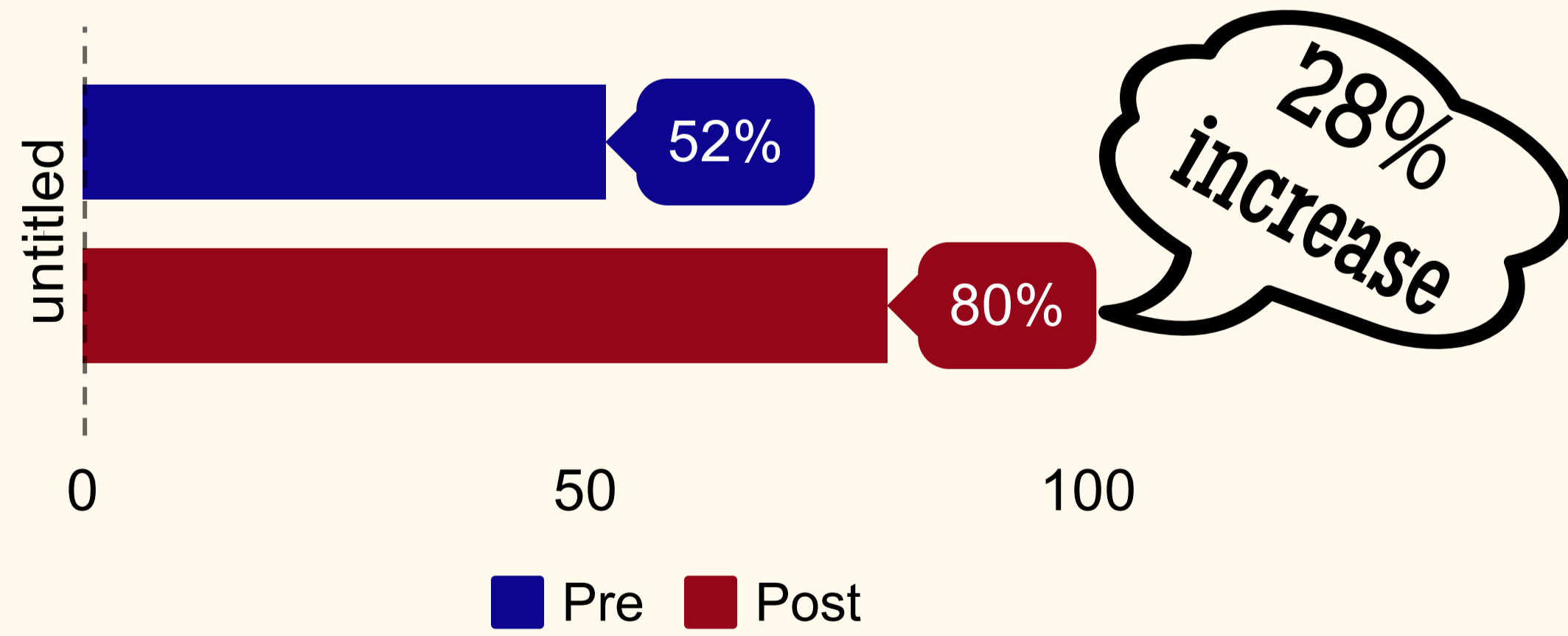


3rd Grade

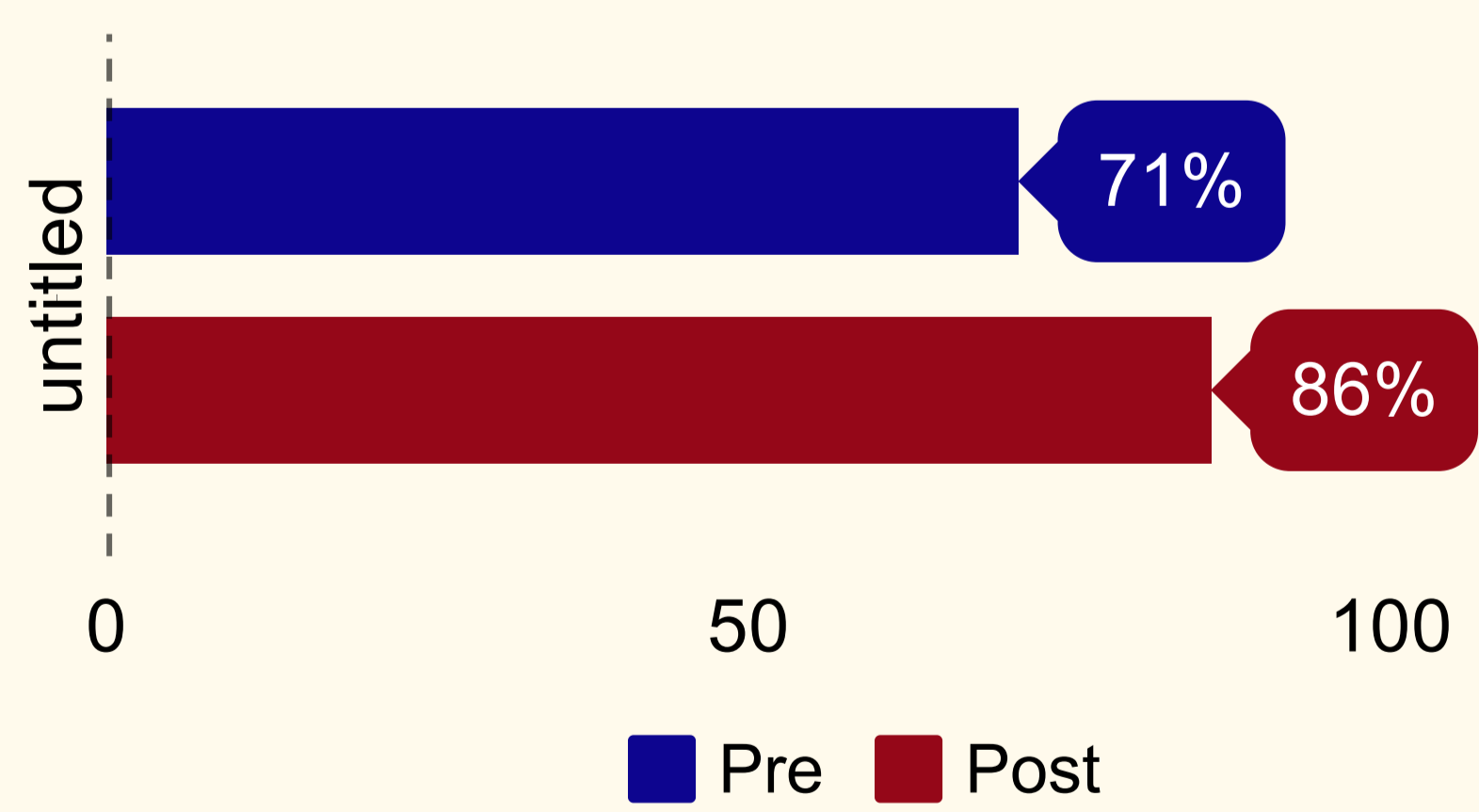
Students that knew the definition of empathy



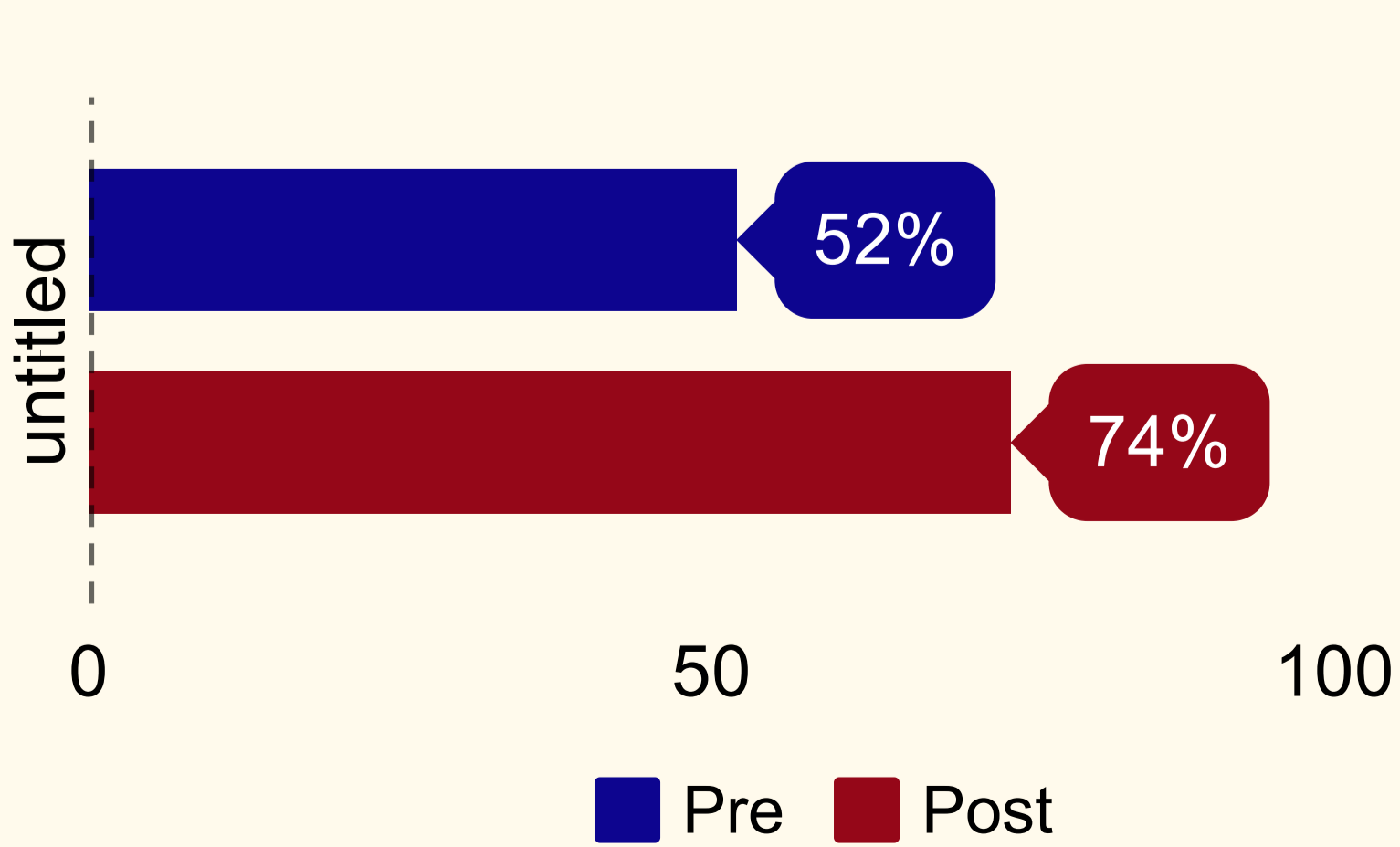
Students that could identify which option was not part of the problem solving strategy



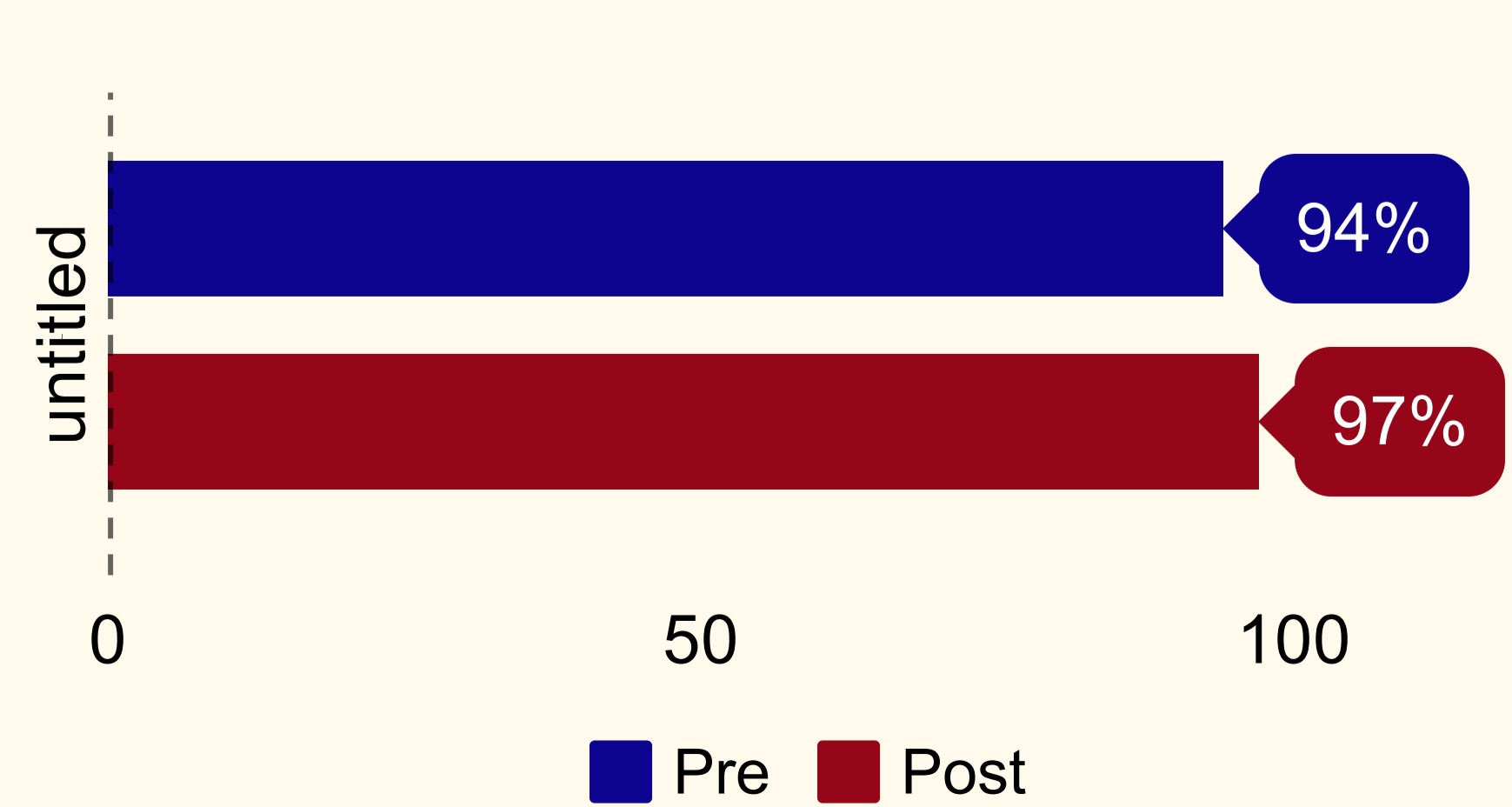
Students that could identify why it is important to recognize their body's clues when experiencing a strong emotion



Students that knew the first step to calming down when feeling angry

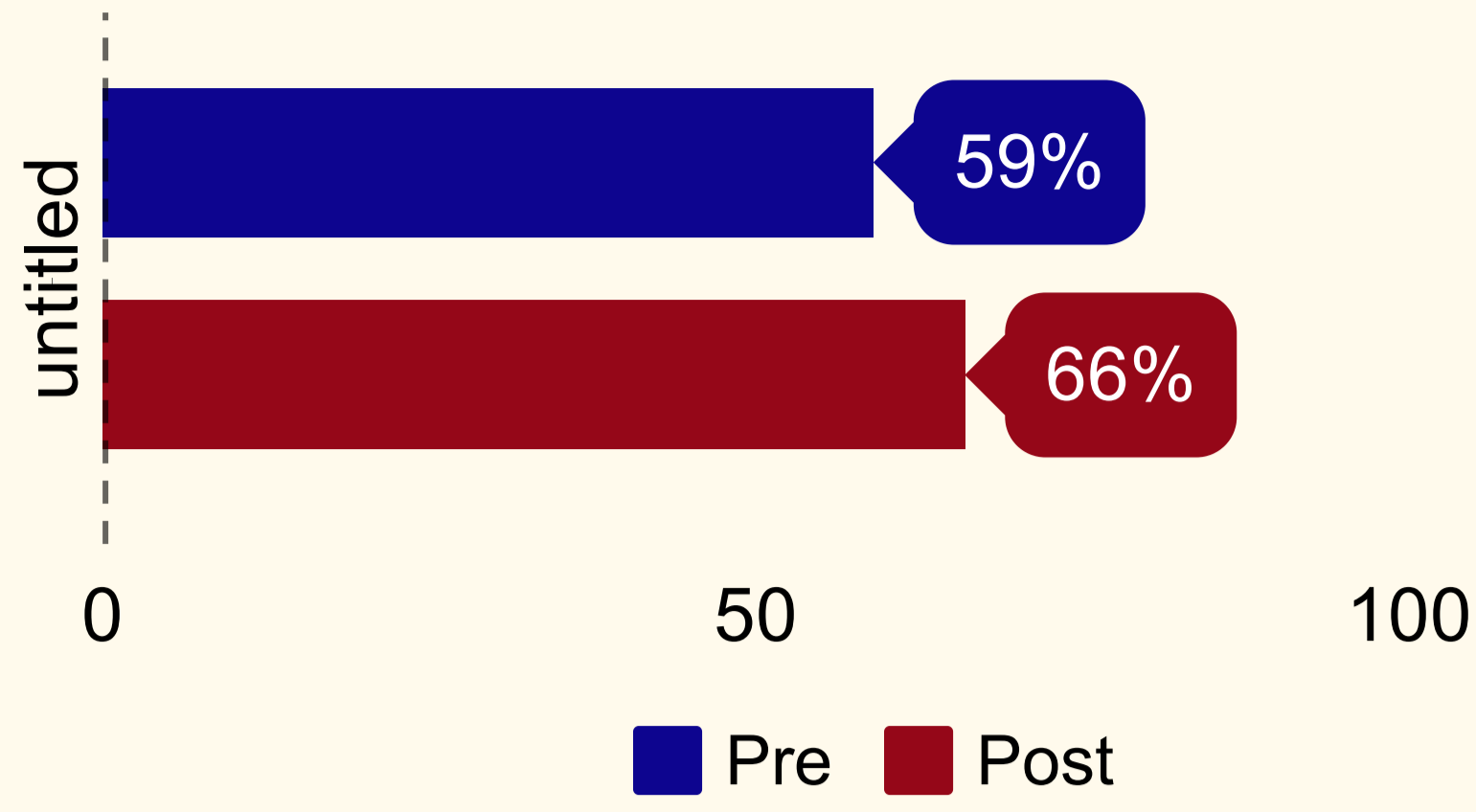


Students that could identify an example of positive self talk

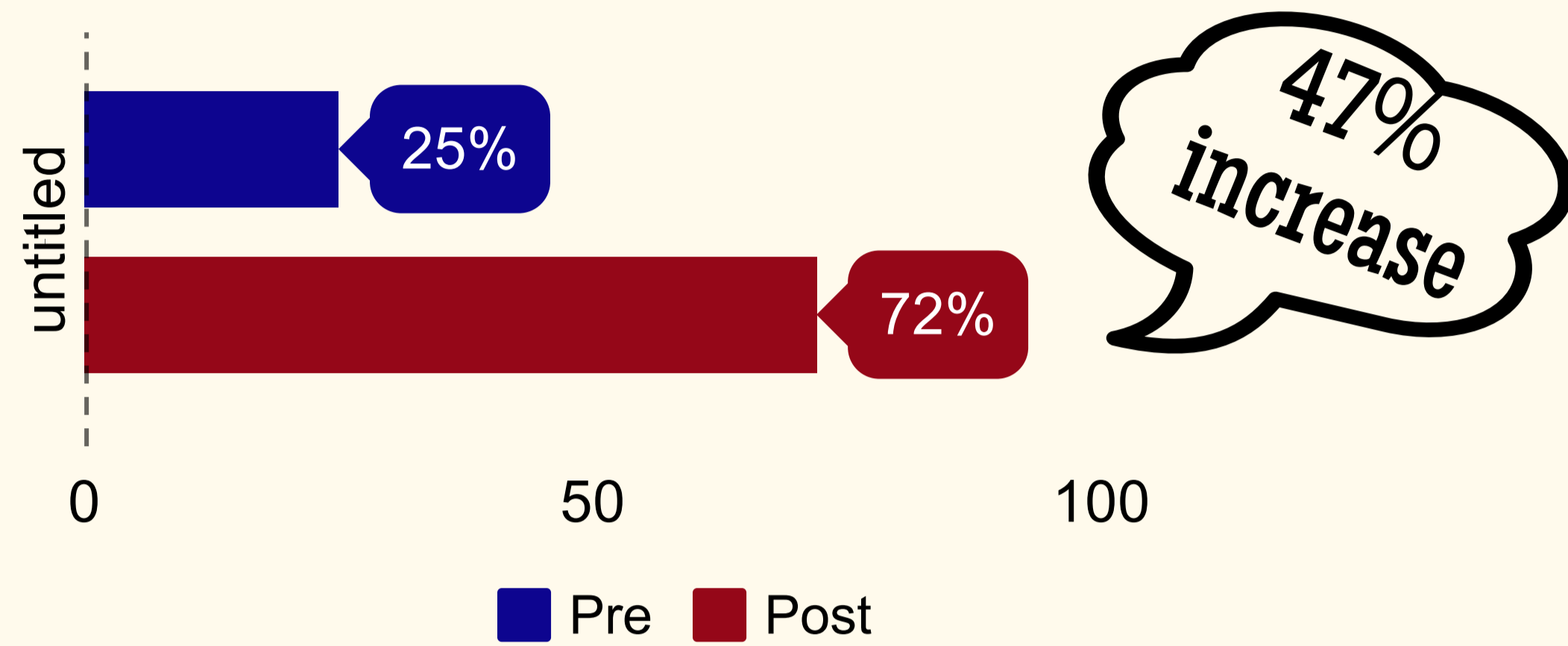


4th Grade

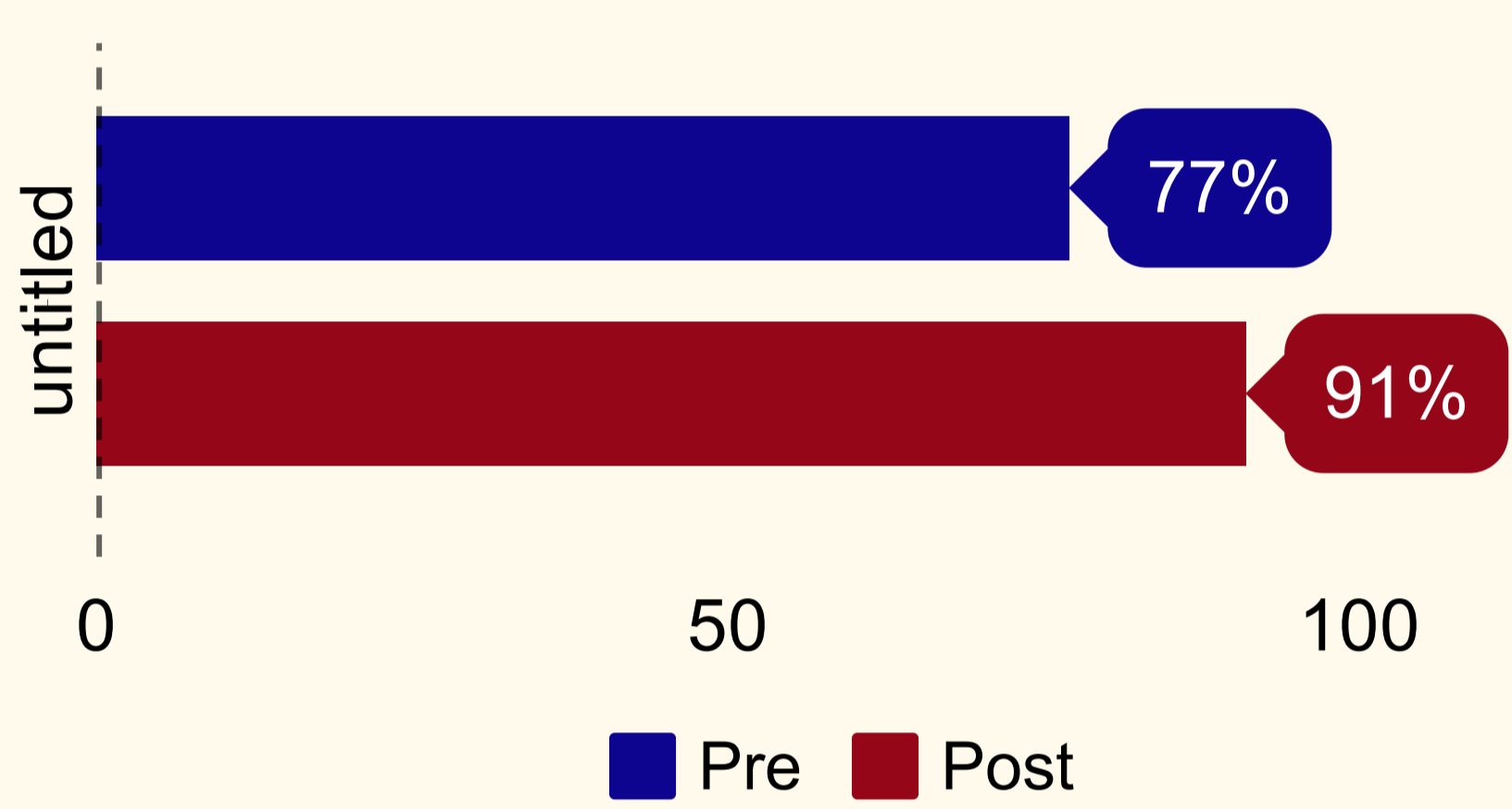
Students that knew the definition of being assertive



Students that could identify the first two steps from the calming down strategy

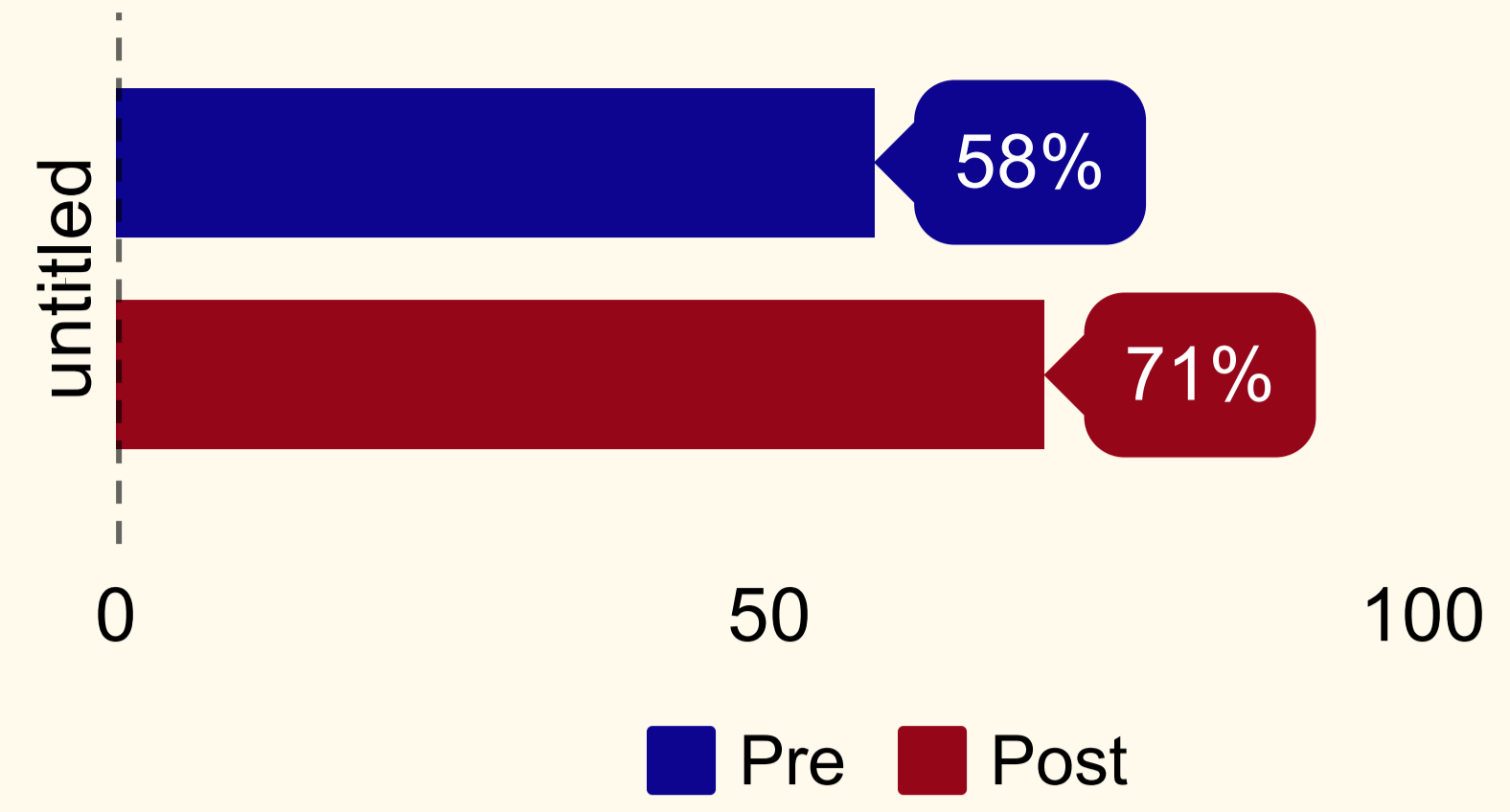


Students that could identify which selection was not part of the problem solving strategy

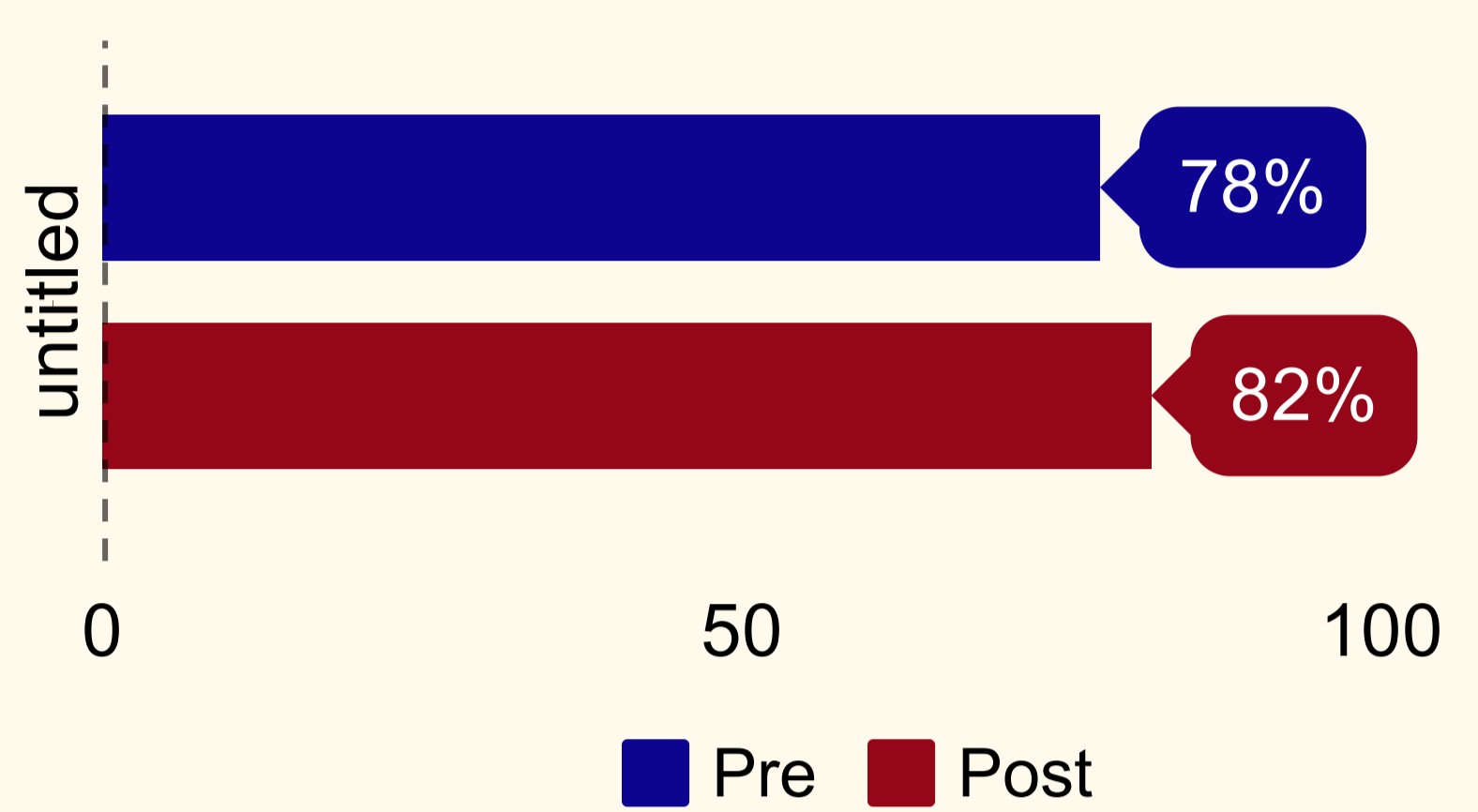


5th Grade

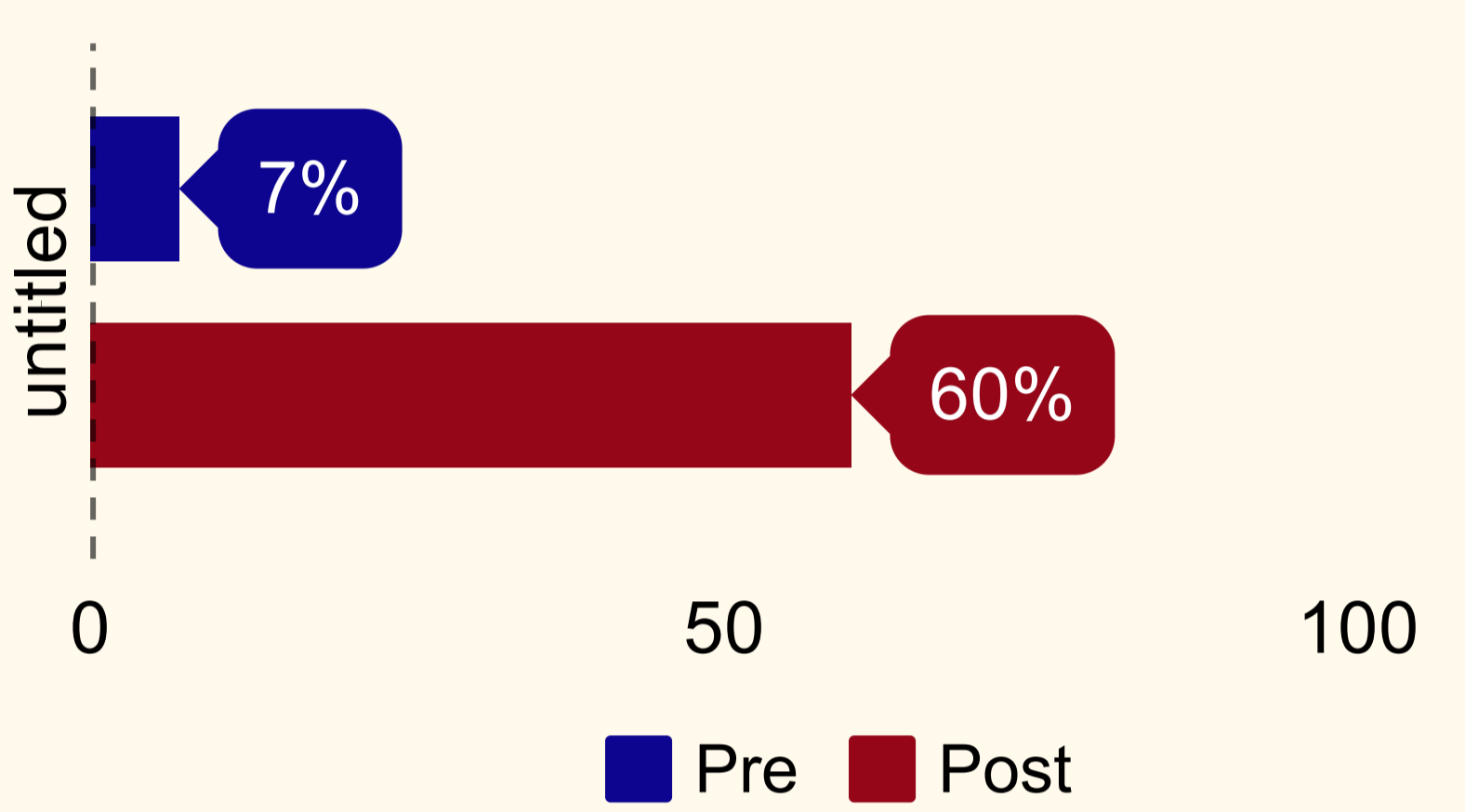
Students that could identify signs of anxious feelings



Students that knew a safe and respectful solution for gossip problems

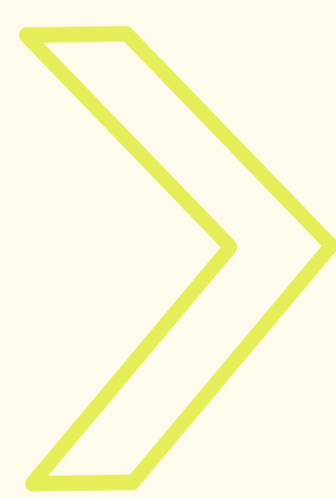


Students that could identify ways to respectfully disagree with someone



School Wide Workshops

Drop-in workshops were opportunities for ALL students to come learn about different topics. Ms. Larsen provided these workshops primarily during 1st-5th grade lunch recess. Exit tickets were provided at the end of some workshops to assess what the students' learned.



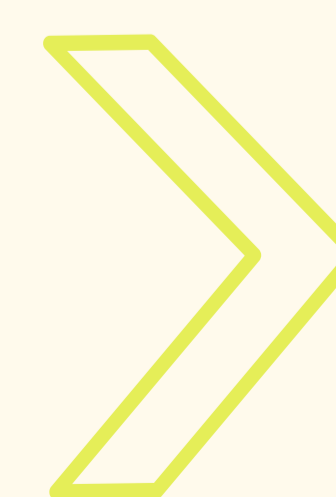
Students Served: 43

Grade Levels: 1-5

75% of students could define what coping skills are

96% of students reported they learned coping skills they will use in the future

100% of students reported they enjoyed the workshop

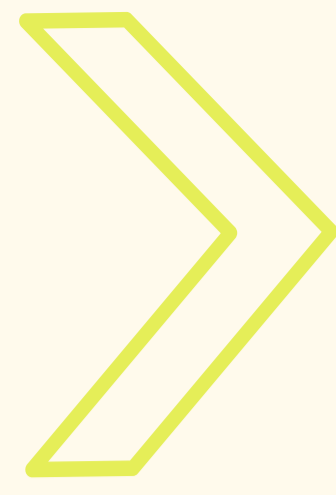


Students Served: 39

Grade Levels: 1-2

Students learned about gratitude and mindfulness as positive coping strategies they can use to calm down.

Students learned about and practiced mindfulness exercises such as deep breathing, meditation, and gratitude.

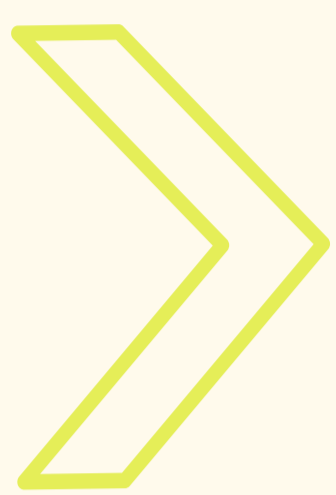
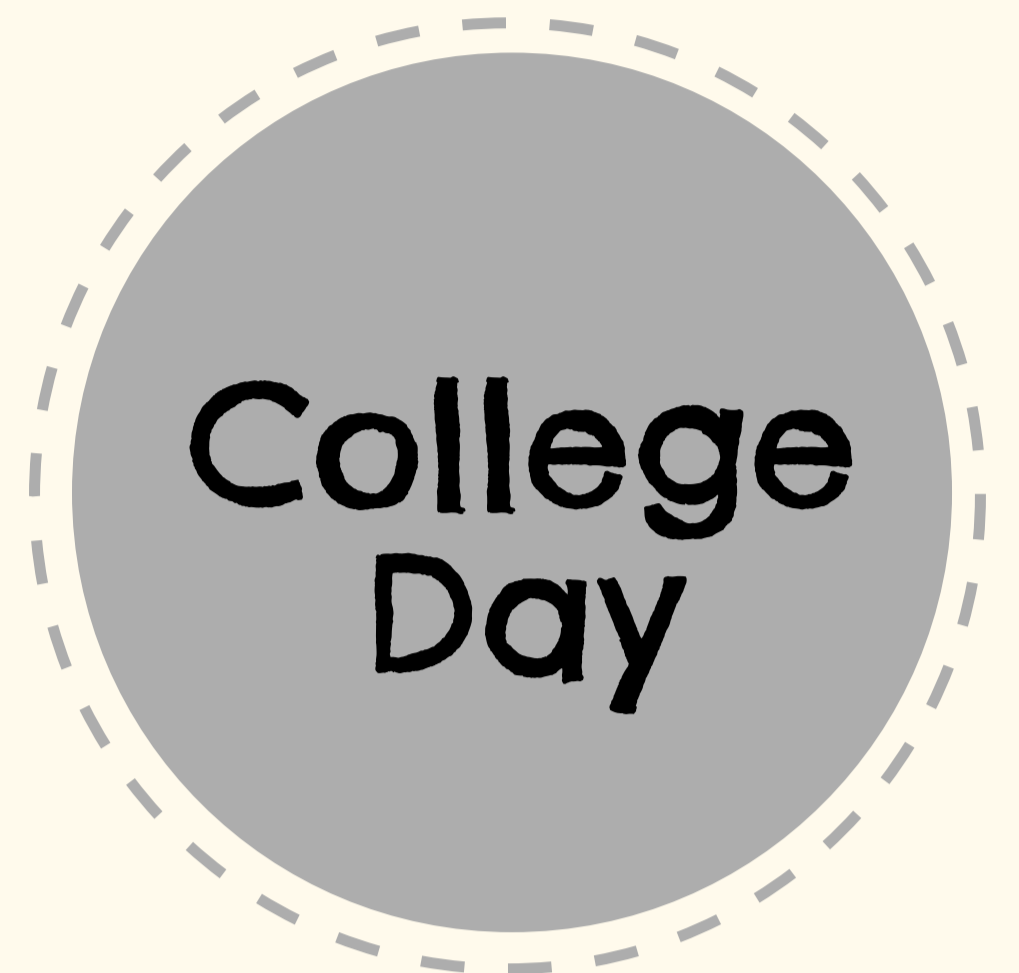


Students Served: 47 **Grade Levels: 1-5**

100% of students reported they believe it is important to be kind to others

100% of students defined kindness as showing care and concern for others

94% of students identified at least one way they can show kindness

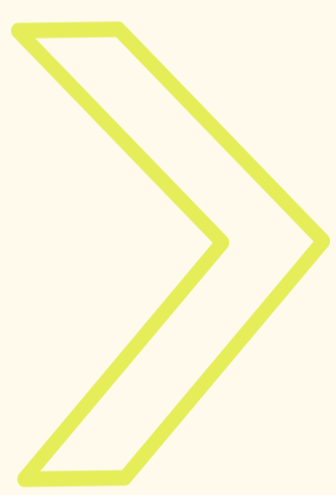


Students Served: 60 **Grade Levels: 1-5**

80% of students learned there are multiple pathways they can take after high school

100% of students learned their GPA will effect college acceptance

67% of students could identify at least two types of pathways after high school



Students Served: 58 **Grade Levels: 1-5**

Students who attended this workshop learned about:

- Career selection
- Training and education requirements for careers
- Different types of careers

Total Students Served: 247

TIER 2 INTERVENTIONS

Small Group Counseling

New Buddies Group

Students Served: 10
Grade: 1st; 4th & 5th
Duration: 5 weeks each
Topics: Friendship & conflict resolution skills
Data Collected: Post group assessment



Friend Zone Group

Students Served: 6
Grade: 2nd
Duration: 7 weeks
Topics: Friendship, self regulation, & emotion management
Data Collected: Pre and Post-Test

Student Success Group

Students Served: 3
Grade: 4th & 5th
Duration: 5 weeks
Topics: Learning styles, study tips, goal setting, & time management
Data Collected: Pre and Post-Test

GIRLS Group

Students Served: 4
Grade: 4th & 5th
Duration: 9 weeks
Topics: Friendship, social skills, conflict resolution, self-esteem, & empathy
Data Collected: Post group assessment

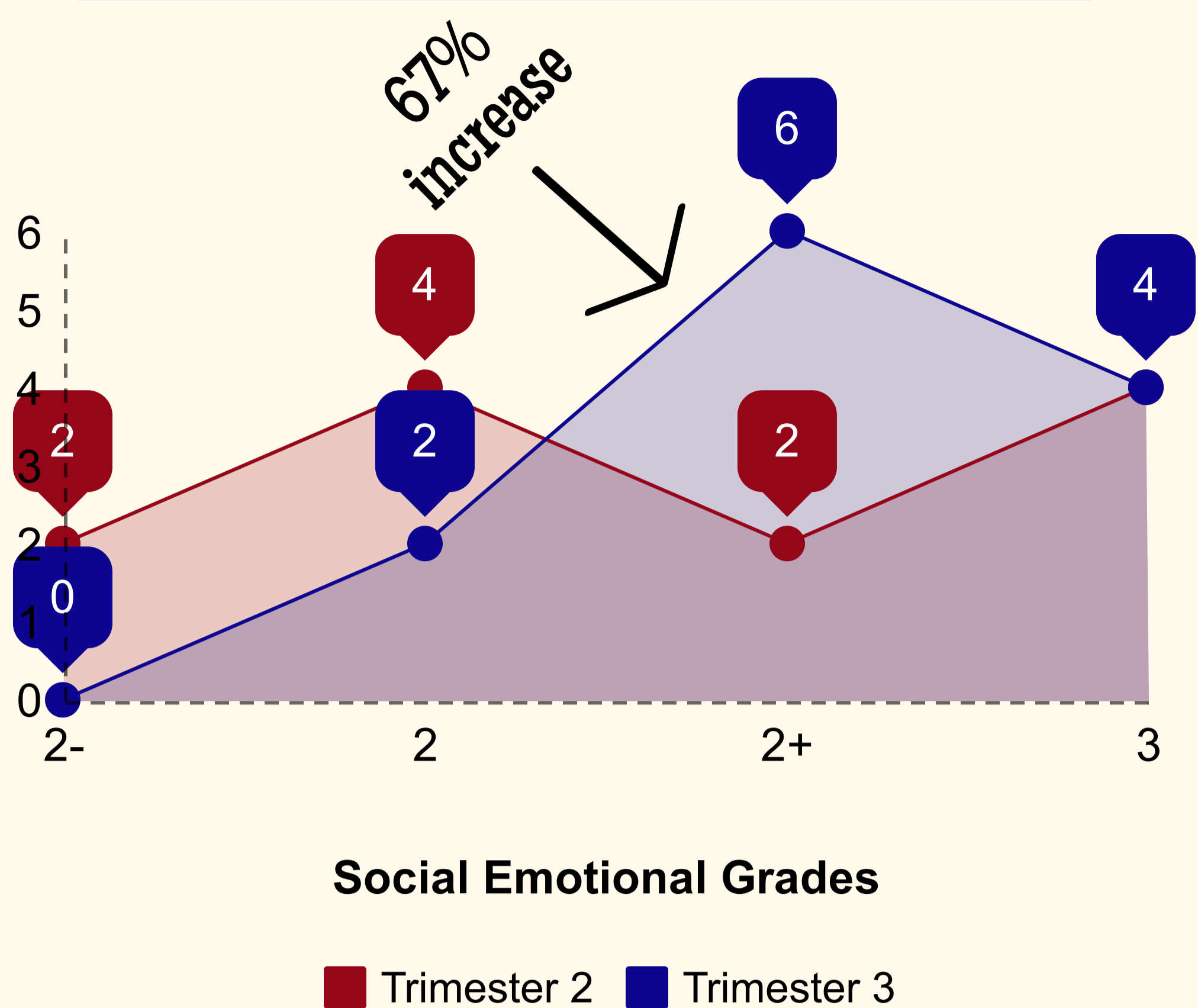
Student Stars Group

Students Served: 8
Grade: TK & K
Duration: 5 weeks each
Topics: Friendship, sharing, feelings & emotion management
Data Collected: Post group assessment

Total Students Served: 31

Group Counseling Data Highlights

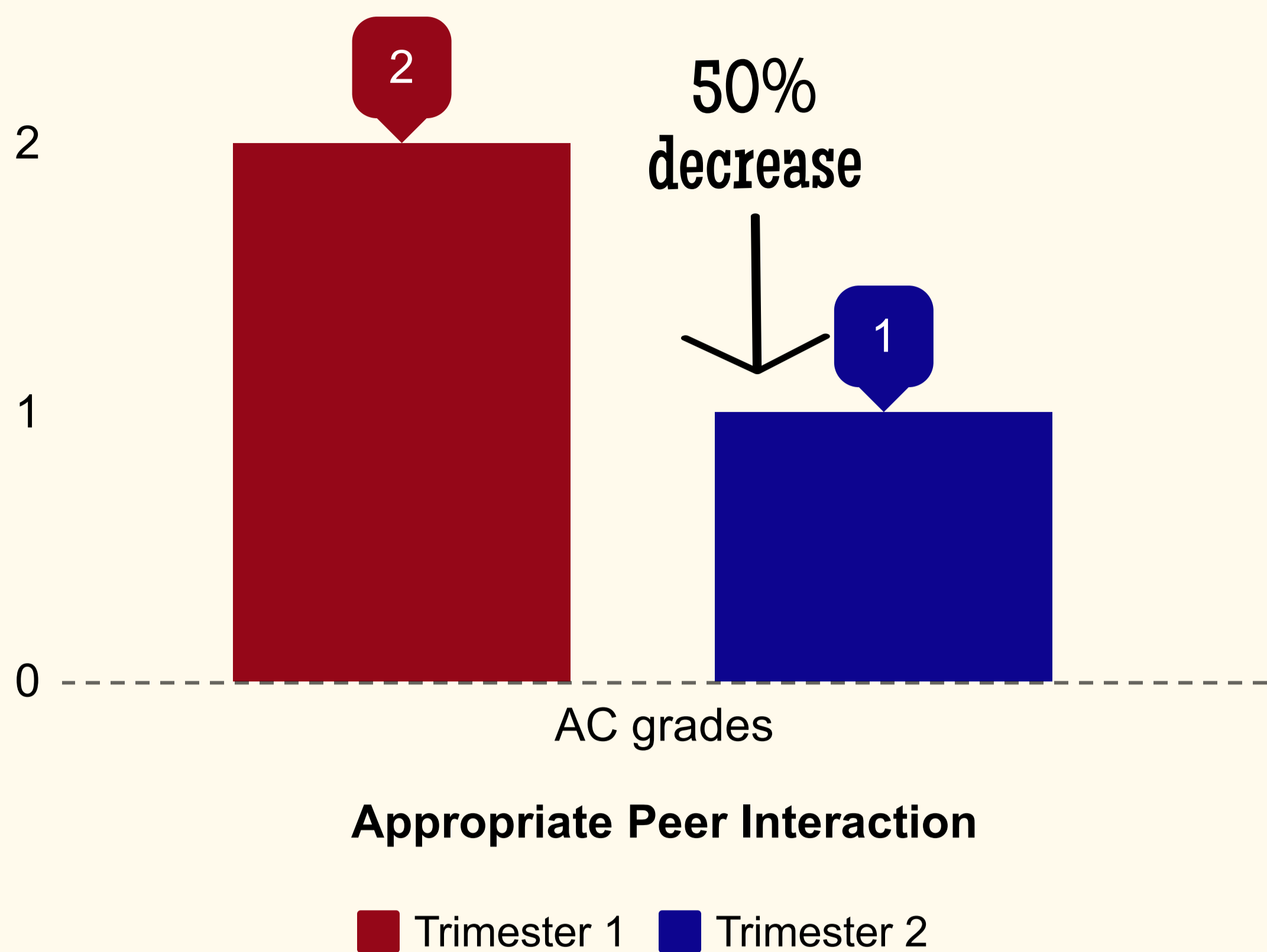
Student Stars Group 2



Social Emotional Grades

■ Trimester 2 ■ Trimester 3

Friend Zones Group



Appropriate Peer Interaction

■ Trimester 1 ■ Trimester 2

TIER 3 INTERVENTIONS

Individual Counseling Data

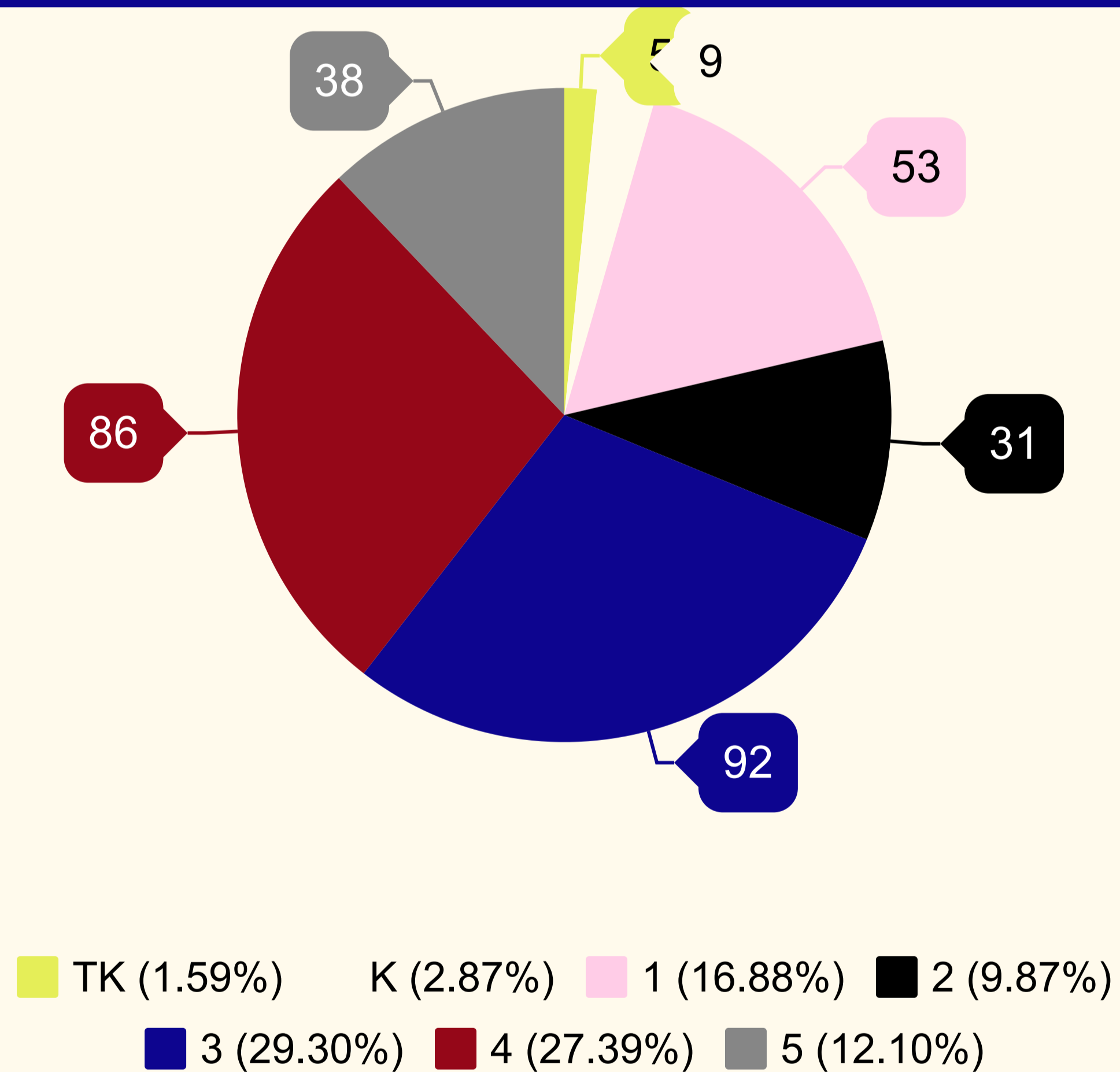
278 Individual Counseling

848 Counseling Contacts

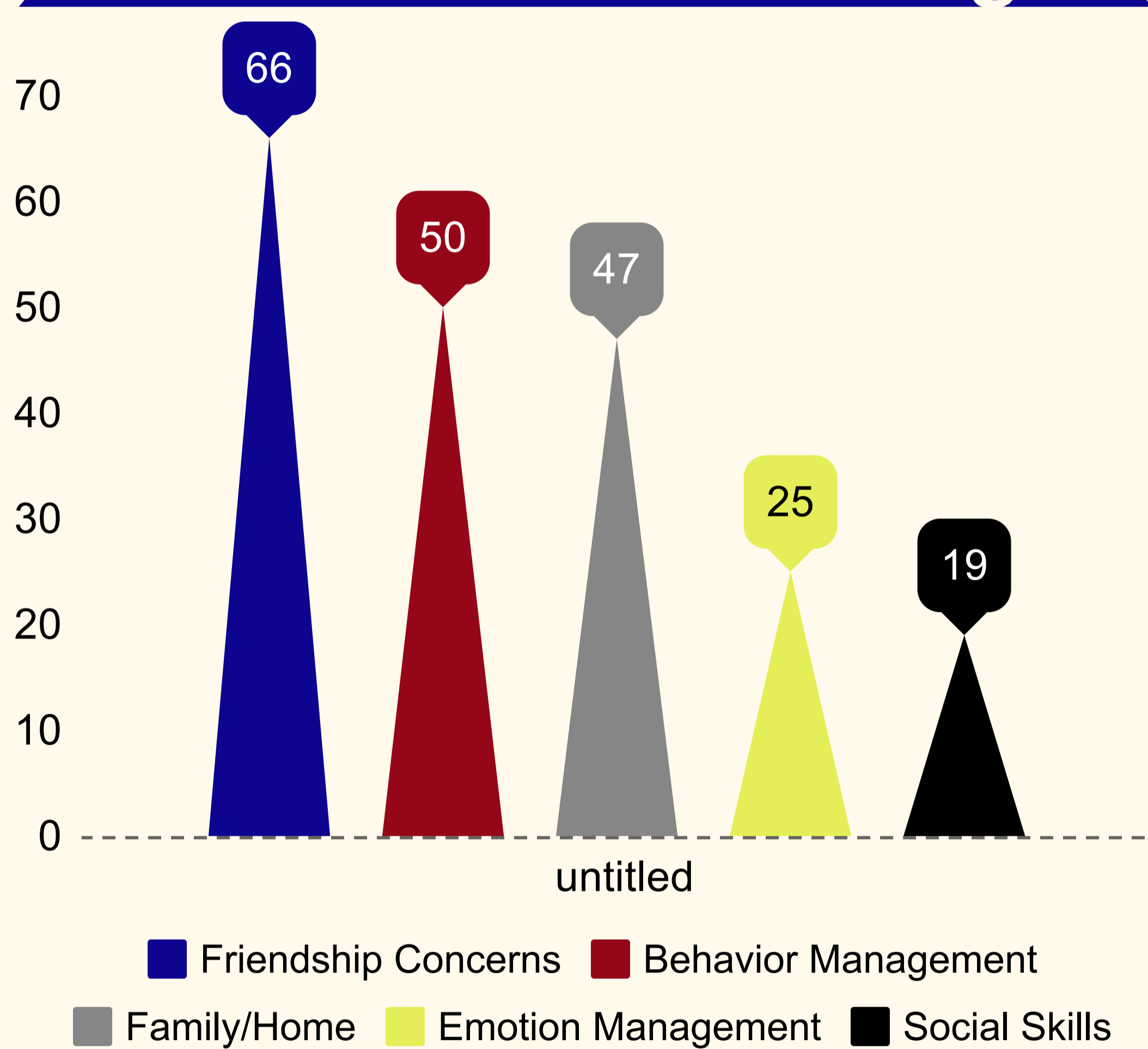
9 Risk Assessments

158 Parent Contacts

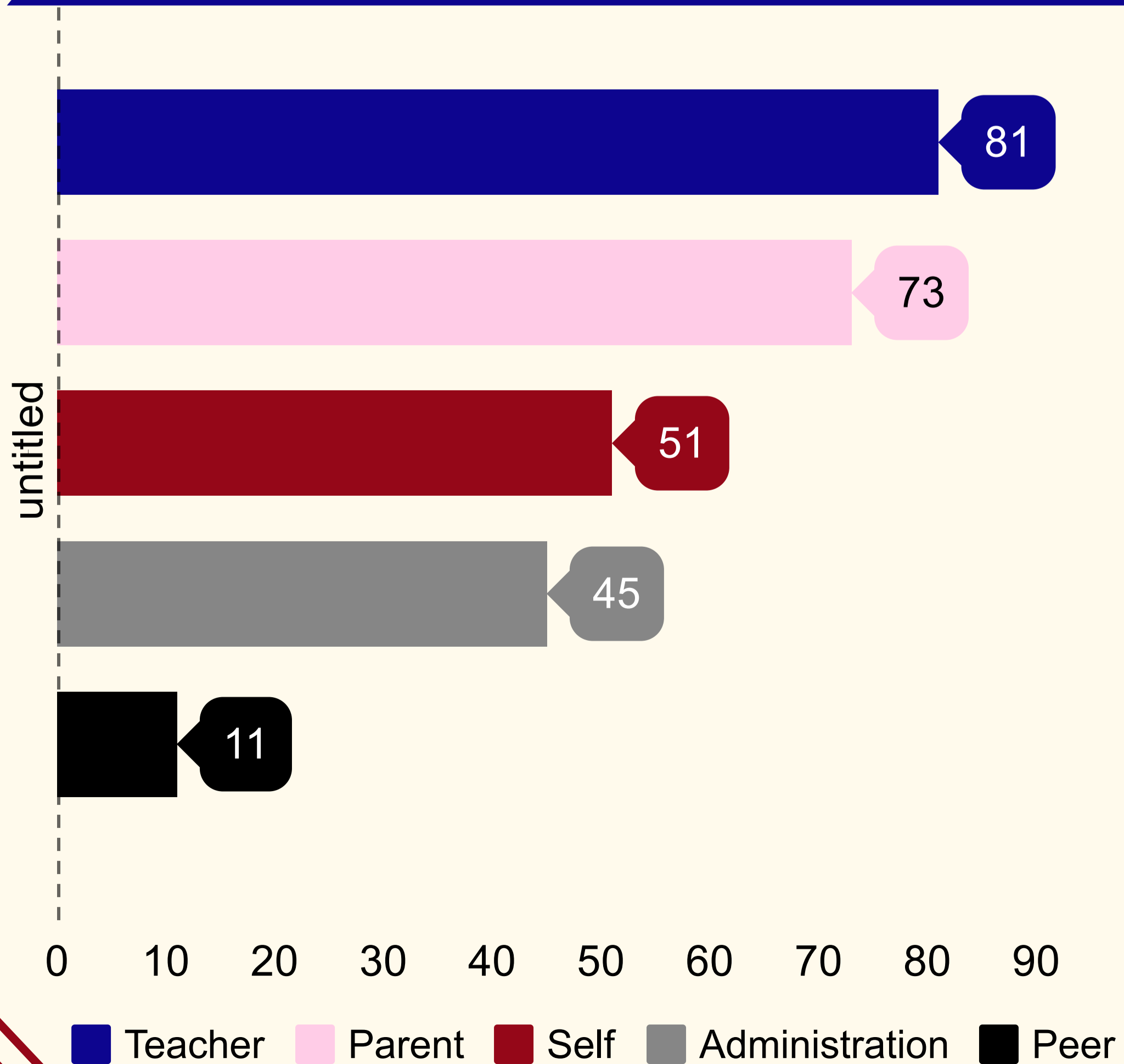
Individual Counseling by Student Grade Level



Top 5 Reasons for Individual Counseling



Top 5 Student Referral Sources



Additional Counseling Activities by Type

