

CHAPARRAL ELEMENTARY



2018-2019 School Counseling Data Report
School Counselor: Kristin Larsen

SECOND STEP LESSONS

TIER 1 INTERVENTIONS

K

- Listening & Focusing Attention
- Following Directions
- Feelings
- Calming Down Strong Feelings
- Solving Problems
- Fair Ways to Play

1

- Following Directions & Listening
- Similarities & Differences
- Showing Care & Concern
- Calming Down Strong Feelings
- Solving Problems
- Handling Name Calling

2

- Focusing Attention & Listening
- Showing Compassion
- Respecting Differences
- Managing Anxious Feelings
- Solving Problems
- Solving Problems: Playground Exclusion

3

- Being Respectful Learners
- Planning to Learn
- Accepting Differences
- Emotion Management & Managing Test Anxiety
- Solving Problems
- Solving Peer Exclusion Problems

4

- Being Assertive
- Managing Strong Feelings
- Managing Anxiety
- Solving Problems
- Solving Playground Problems

5

- Disagreeing Respectfully
- Accepting Differences
- Calming Down
- Managing Frustration
- Dealing with Gossip

ADDITIONAL LESSONS:

- Counselor Introduction, Tattling vs. Telling, Career Exploration (4th grade), & College Exploration (5th grade)

TOTAL LESSONS: 166

SECOND STEP DATA HIGHLIGHTS

Kindergarten

Students who identified one way to calm down

Push Someone



Yell



Belly Breathe



Students who reported the fair way to play

Hide Toy



Grab Toy



Take Turns with Toy



First Grade

Students who identified one way to calm down

Pre Test

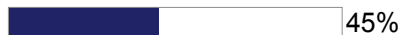


Post Test



Students who reported the correct problem solving steps

Pre Test



Post Test



Second Grade

Students who identified the correct definition of empathy

Pre Test



Post Test



Students who reported the first calming down step

Pre Test



Post Test



Third Grade

Students who identified ways to be a better learner

Pre Test



Post Test



Students who knew that recognizing physical signs of emotions helps you calm down

Pre Test



Post Test



Fourth Grade

Students who correctly identified the definition of being assertive

Pre Test



Post Test



Students who reported how to say the problem without blame

Pre Test



Post Test



Fifth Grade

Students who identified physical signs of anxious feelings

Pre Test



Post Test



Students who reported the first two calming down steps

Pre Test



Post Test



SCHOOL WIDE WORKSHOPS

Positive Coping Skills

Grades: 1st-5th
Students Served: 76
Data Collected: Exit ticket

97%

of students learned coping skills they can use

93%

of students were able to identify coping skills they plan to use

Growth Mindset

Grades: 1st-5th
Students Served: 50
Data Collected: Exit ticket

93%

of students believe having a growth mindset will help them persevere through challenges

92%

of students believe challenges help them learn and grow

Self Esteem

Grades: 1st-5th
Students Served: 39
Data Collected: Exit ticket

96%

of students believe it is important to remind themselves of their strengths to improve self esteem

92%

of students reported they know their strengths and talents

College & Career Exploration

Grades: 1st-5th
Students Served: 110
Data Collected: Exit Ticket

93%

of students reported that people choose their careers based upon multiple factors

100%

of students correctly identified which degree is earned after graduating from a 4 year university

PARENT EDUCATION NIGHTS: 2

TOTAL STUDENTS SERVED: 275

SMALL GROUP COUNSELING

TIER 2 INTERVENTIONS

Friend Zones

2nd Grade - 4 students - 9 weeks

Topics: Self Regulation, Emotion Management, & Friendship

Data Collected: Pre and Post Test and Citizenship grades for Trimester 2 and 3

Social Skills

Kindergarten - 5 students - 9 weeks

Topics: Friendship, Zones of Regulation, Emotion Management, & Problem Solving

Data Collected: Pre and Post Test and Citizenship grades for Trimester 2 and 3

Student Stars

1st & 2nd Grade - 5 students - 6 weeks

Topics: Friendship, Emotions, & Self-Regulation

Data Collected: Pre and Post Test and Citizenship grades for Trimester 1 and 2

Student Success

4th Grade - 4 students - 8 weeks

Topics: Learning Styles, Goal Setting, Study Skills & Time Management

Data Collected: Pre and Post Test and Citizenship grades for Trimester 1 and 2

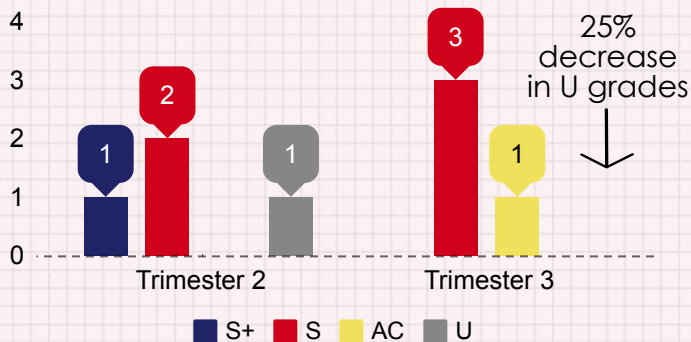
DATA HIGHLIGHTS

Friend Zones Data

PRE 50% >> POST 100% of students reported that an "I-Message" will help them communicate their emotions with others

PRE 0% >> POST 75% of students identified two calming tools they can use to get out of the red zone

DEMONSTRATES RESPECTFUL BEHAVIORS

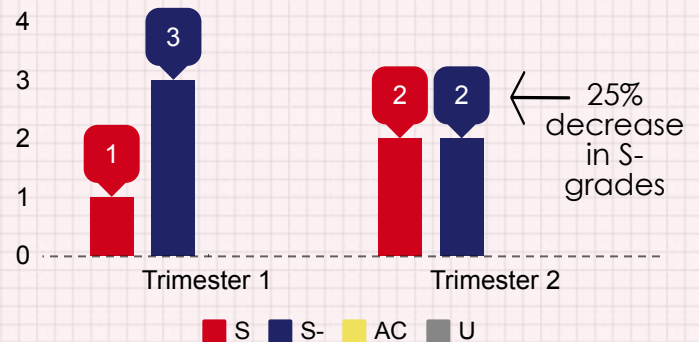


Student Success Data

PRE 0% >> POST 75% of students could identify the 3 types of learning styles

PRE 50% >> POST 100% of students reported they know what to do to become more successful in school

COMPLETES ASSIGNMENTS



INDIVIDUAL COUNSELING DATA

TIER 3 INTERVENTIONS

759

COUNSELING CONTACTS

24

CONFLICT MEDIATIONS

253

INDIVIDUAL COUNSELING

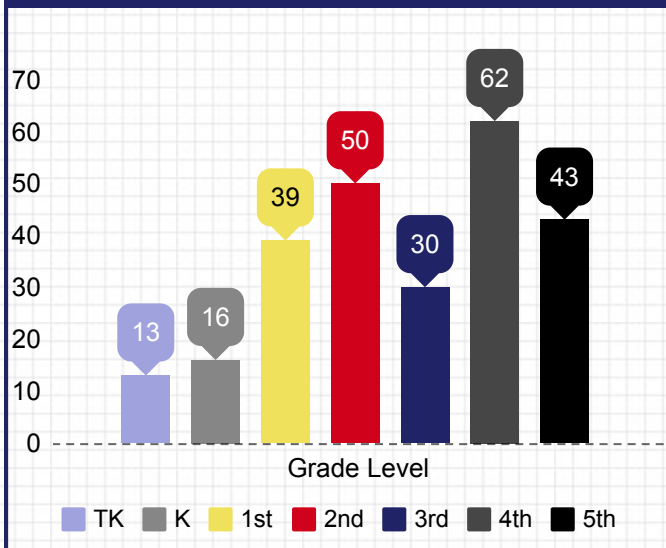
167

PARENT CONTACTS

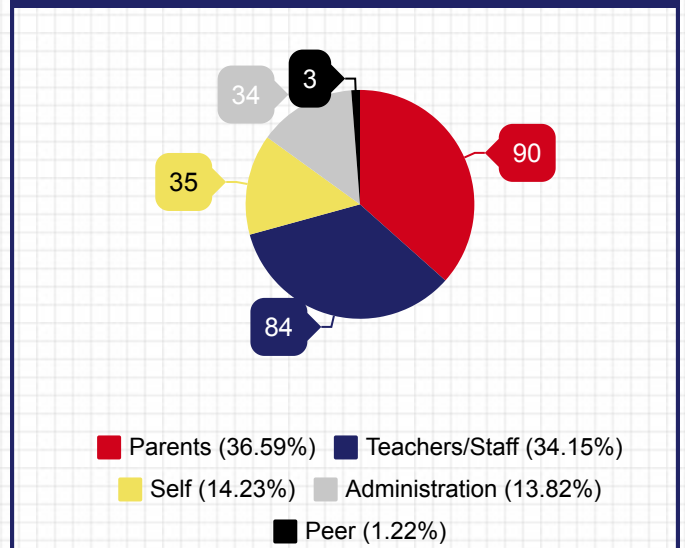
7

RISK ASSESSMENTS

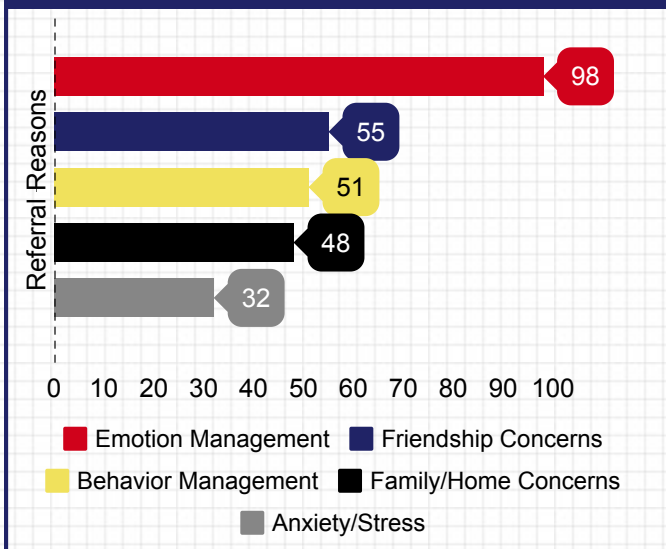
Individual Counseling by Grade Level



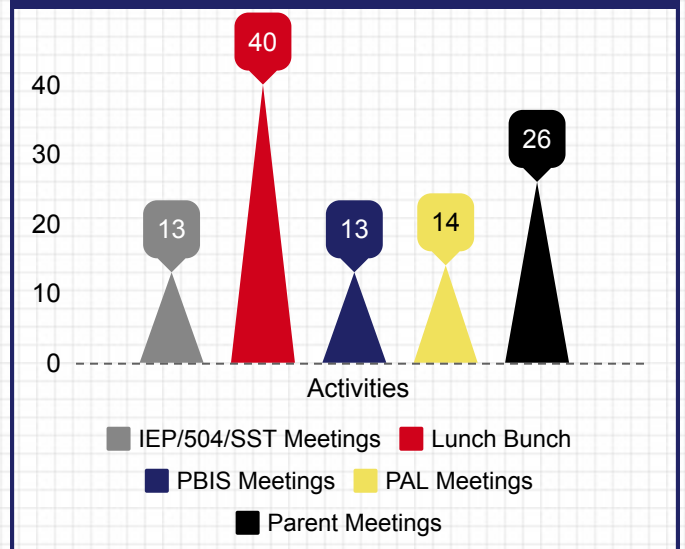
Individual Counseling by Referral



Top 5 Reasons for Referral



Other Counseling Activities



SCHOOL COUNSELING GOALS FOR 2019-2020 SCHOOL YEAR:

The goal of the Chaparral School Counseling Program is to run more small groups for TIER 2 students and facilitate more parent education nights on social-emotional topics to better support all students.